



Nurses at the Forefront of HIV/AIDS

International Nurses' Forum August 2006 Toronto, Canada

Welcome to the International Nurses' Forum

Dear colleagues,

On behalf of the Canadian Nurses Association, the Canadian Association of Nurses in AIDS Care and the International Council of Nurses, welcome to the international nurses' forum in Toronto, Canada.

The forum Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment is gathering global nursing leaders to discuss issues, challenges and policy gaps along with the innovative strategies, best practices and possibilities as they relate to the nursing profession's contribution to HIV/AIDS prevention, care and treatment around the world.

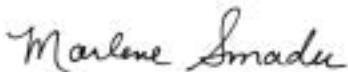
As the largest group of health-care providers, nursing professionals are actively engaged at the forefront of HIV/AIDS prevention, care and treatment within national health systems. We are ideally positioned to contribute knowledge and expertise through innovative strategies and best practices toward improved health outcomes. Today's forum brings together perspectives of our varied contexts and realities. We will discuss experiences and observations of what works well, what needs to work better and, ideally, what will lead to concrete discussions of how we can work effectively together in addressing the pressing challenges of this pandemic.

For the past 18 months, our associations have worked in consultation with nursing leaders, decision-makers and key stakeholders on all continents to design and develop a truly global pre-International AIDS Conference nursing forum.

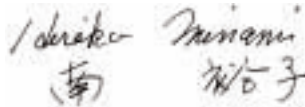
We invite you to participate in today's dialogue as we take the pulse of the world through reports from five regions, discuss the key themes and issues related to HIV/AIDS prevention, care and treatment and engage with the visionaries and leaders who join us as keynote speakers.

Nurses make a difference! Collectively, at the forefront of HIV/AIDS, we will continue to make a difference in health systems, within our profession and within the lives of those most affected by HIV/AIDS.

Sincerely,



Marlene Smadu
President,
Canadian Nurses Association



Hiroko Minami
President,
International Council of Nurses



Deborah Randall-Wood
President,
Canadian Association of Nurses in AIDS Care



Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment

August 12, 2006

University of Toronto Medical Sciences Building
1 King's College Circle, Toronto, Ontario, Canada



Premier of Ontario - Premier ministre de l'Ontario

August 12, 2006

A PERSONAL MESSAGE FROM THE PREMIER

On behalf of the Government of Ontario, I am delighted to extend warm greetings to everyone attending Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment.

Ontario's nurses are at the forefront of HIV/AIDS awareness, treatment and prevention. For those individuals who must confront the challenge of HIV/AIDS, nurses are often the first point of contact. On behalf of my colleagues, I thank you for playing such an active — and invaluable — role in addressing this monumental health challenge. I am confident that the discussion and exchange of ideas at this forum will be fruitful.

I would also like to thank the dedicated staff and management at the Canadian Nurses Association, Canadian Association of Nurses in AIDS Care, and the International Council of Nurses for staging this important event.

Please accept my best wishes for a productive and highly successful forum.

A handwritten signature in black ink that reads "Dalton McGuinty".

Dalton McGuinty
Premier



Mayor
DAVID MILLER

A Message from the Mayor

It is with pleasure that I extend greetings and warm wishes to everyone attending the Canadian Nurses Association Forum. I am delighted you have chosen to hold your event in Toronto and welcome you to our city.

The City of Toronto has a proud history of being active in the fight against HIV/AIDS in our community through public reduction strategies and support to AIDS service organizations. As nurses and care providers, this forum provides an opportunity to come together to discuss best practices in the treatment, prevention and care of those affected by this disease, their families and communities, exchange knowledge, shared experiences and reconnect with colleagues and old friends.

Whether you are from Toronto or visiting for this event, I invite you to take time to explore the colourful neighbourhoods that reflect our cultural diversity, enjoy international cuisine, our lively entertainment district and discover some of the unique attractions our vibrant city has to offer.

On behalf of Toronto City Council, I congratulate and thank the organizers for their hard work and commitment in making this event possible. To everyone I offer my best wishes for an informative and enjoyable forum and a memorable stay in Toronto.

Yours truly,

A handwritten signature in black ink that reads "David Miller". The signature is written in a cursive, flowing style.

Mayor David Miller



Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment

Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment is a one-day forum of nursing professionals working in the area of HIV/AIDS in clinical, educational, policy-making and research settings.

This forum precedes the XVI International AIDS Conference taking place in Toronto on August 13-18, 2006.

At every level of health systems, nurses bring expertise and commitment to those infected with and affected by HIV, recognizing their unique problems and developing ways to address their needs, as well as those of their families and communities.

At Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment, we will discuss and share knowledge, innovation, practices and challenges about some of the most pressing issues and highlight how nurses make a difference in the lives of millions of people working and living with HIV/AIDS.

The forum is expected to attract nursing professionals who are responding to the pandemic in varied global contexts and working with different levels of resources.

This forum has been organized by the Canadian Nurses Association (CNA), the International Council of Nurses (ICN) and the Canadian Association of Nurses in AIDS Care (CANAC). CNA, ICN and CANAC have worked together over the past 18 months through a core steering committee:

June Webber	Director, International Policy and Development, Canadian Nurses Association (CNA), Canada
Brenda Done	Past President, Canadian Association of Nurses in AIDS Care (CANAC), Canada
Tesfamicael Ghebrehiwet	Consultant, Nursing and Health Policy, International Council of Nurses (ICN), Switzerland
John Flannery	Chief Executive Officer, Surrey Place Centre, Canada
Irene Goldstone	Director, Professional Education and Care Evaluation, British Columbia Centre for Excellence in HIV/AIDS, Canada
Grace Getty	Professor, Faculty of Nursing, University of New Brunswick, Canada
Sally Simpson	CANAC, Canada
Joan Lesmond	Immediate Past President, Registered Nurses' Association of Ontario (RNAO) and Chief Nursing Executive, Casey House Toronto, Canada
Irmajean Bajnok	Director, RNAO Centre for Professional Nursing Excellence, Canada
Suzanne L. Michaud	Senior Nurse Consultant, International Policy and Development, CNA, Canada
Diane Bettencourt	Administrative Assistant, International Policy and Development, CNA, Canada
Randi Hansen	Volunteer Consultant, International Policy and Development, CNA, Canada

CNA, ICN and CANAC would like to thank the international program advisory committee for their contribution to the program.

Events like this would not be possible without the generous support of our sponsors.

Stephen Lewis

Stephen Lewis, Canada's most respected international development and human rights advocate, will deliver the opening address.

In 2001, Stephen Lewis was appointed UN Special Envoy for HIV/AIDS in Africa. He is a commissioner for the World Health Organization's Commission on the Social Determinants of Health and is a senior adviser to the Mailman School of Public Health at Columbia University in New York. He is also a director of the Stephen Lewis Foundation, which is dedicated to easing the pain of HIV/AIDS in Africa.

In 2005, he received the ICN Health and Human Rights Award, and recently TIME magazine named him one of the 100 most influential people in the world (in the same category as the Dalai Lama and Nelson Mandela).

Sister Christa Mary Jones

Well known and respected for her outstanding HIV/AIDS treatment programs for women and children in Africa, Canadian nurse practitioner Sister Christa Mary Jones will be the featured speaker, after lunch.

Sister Christa Mary Jones has trained and worked in Southern Africa and has developed successful community-based HIV programs, such as a prevention of parent-to-child HIV transmission project.

For over thirty years, she worked in maternal and child health care at St. Mary's Hospital, Mariannhill in KwaZulu-Natal, South Africa. Recently, she was the only nurse working in the Tšepong Clinic in Lesotho.

Professor Sheila D. Tlou

Professor Sheila D. Tlou is currently minister of health of the Republic of Botswana, on leave from her position as professor of nursing at the University of Botswana. She has, for over 25 years, conducted research, published and taught university courses on gender issues in HIV/AIDS, sexual and reproductive health and rights, and ageing/older persons.

Her most recent projects were on intergenerational communication on HIV/AIDS and community perspectives on mother-to-child transmission of HIV. She has worked to increase community awareness of HIV/AIDS in Botswana with peer and youth groups, non-governmental organizations and grassroots women's organizations.

Professor Tlou has provided consultancy for the World Health Organization, the International Council of Nurses, UNAIDS and the United Nations Commission on the Status of Women. She also sat on the international community educator/recruiter meetings for the HIV Vaccine Trials Network.

She has received several national and international awards, among them the Florence Nightingale Award from the International Red Cross Society in Geneva, the Botswana Presidential Order of Honour, and the Anna Reynvaan Award from the Netherlands. In 2002, the UN Secretary General appointed her to a special task force on women, girls, and HIV/AIDS in Southern Africa.

Program

August 12, 2006

University of Toronto – Medical Sciences Building – 1 King’s College Circle – Toronto, Ontario

Nurses at the Forefront of HIV/AIDS: Prevention, Care and Treatment

TIME	ACTIVITY	PRESENTER
07:30 - 08:30	Registration/Networking	
08:30 - 08:45	Opening Remarks	<p><i>Chair: Tesfamicael Ghebrehiwet</i>, Consultant, Nursing and Health Policy, ICN</p> <p>William Holzemer, Board of Directors, ICN</p> <p>Greg Riehl, President-Elect, CANAC</p> <p>Marlene Smadu, President, CNA</p>
08:45 - 08:55	Greetings	<i>Honourable Tony Clement</i> , Minister of Health, Government of Canada
08:55 - 09:25	Opening Keynote Speaker	<p><i>Chair: June Webber</i>, Director, International Policy and Development, CNA</p> <p>Stephen Lewis, United Nations Special Envoy for HIV/AIDS in Africa</p>
09:25 - 11:15	Taking the World’s Pulse: Reports from Regions of the World	<p><i>Chair: Jean Yan</i>, Chief Scientist, Nursing and Midwifery, World Health Organization (WHO)</p> <p>North America: Sandra MacDonald-Rencz, Executive Director, Office of Nursing Policy, Health Canada, Canada</p> <p>Asia: Li Xiaomei, Dean, Faculty of Nursing, Xi’an Jiaotong University, China</p> <p>Europe: Ian Hodgson, School of Health Studies, University of Bradford, United Kingdom Health and Development Networks, Thailand</p> <p>Africa: Masitsela Mhlanga, Chairperson, Southern African Development Community AIDS Network of Nurses and Midwives, Swaziland</p> <p>Latin America: Maria Teresa Aguilar Ramírez, President, Mexican Nurses Association, Mexico</p>

TIME	ACTIVITY	PRESENTER
11:30 -13:00	LUNCH at Hart House, University of Toronto Guest Speaker	<i>Chair: Sally Simpson</i> , CANAC Sister Christa Mary Jones
13:15 -14:45	Concurrent Sessions Advances in Clinical Practice, Including Access to Treatment ROOM 2172	<i>Facilitator: Grace Getty</i> , Canada <i>Discussants:</i> Megumi Shimada , Japan Julie Phillips , Canada Cheryl Arneson , Canada <i>Rapporteur: Brenda Done</i> , Canada
	End-of-Life Issues ROOM 3163	<i>Facilitator: Joan Lesmond</i> , Canada <i>Discussants:</i> Faye Porter , Canada/Guyana Mpho Sebanyoni-Motlasedi , South Africa <i>Rapporteur: Mpho Sebanyoni-Motlasedi</i> , South Africa
	Harm Reduction in Nursing Practice ROOM 2173	<i>Facilitator: Irene Goldstone</i> , Canada <i>Discussants:</i> Bernadette Pauly , Canada Bobby Limbu , Myanmar Susan Giles , Canada Evanna Brennan , Canada <i>Rapporteur: Bernadette Pauly</i> , Canada
	Health Human Resources and HIV/AIDS ROOM 3171	<i>Facilitator: Sandra MacDonald-Rencz</i> , Canada <i>Discussants:</i> Christine Mutati , Zambia Madithapo Masemola , South Africa <i>Rapporteur: Isaac Hamuchele Sulwe</i> , Zambia

TIME	ACTIVITY	PRESENTER
	Stigma and Discrimination ROOM 4171	<i>Facilitator: William Holzemer</i> , United States <i>Discussants:</i> <i>Lucy Makoae</i> , Lesotho <i>Ian Hodgson</i> , United Kingdom/Thailand <i>Rapporteur: Deloris Russell</i> , Canada
	Workplace Safety ROOM 4279	<i>Facilitator: Tesfamicael Ghebrehiwet</i> , ICN <i>Discussants:</i> <i>Li Xiaomei</i> , China <i>Nelouise Geyer</i> , South Africa <i>Rapporteur: Li Xiaomei</i> , China
14:45 -15:15	BREAK	
15:15 -16:30	Priorities for the Future: Plenary Report from Concurrent Sessions	<i>Chair: Brenda Done</i> , CANAC <i>Jean Yan</i> , WHO <i>Tesfamicael Ghebrehiwet</i> , ICN
16:30 -17:00	Closing Keynote Speaker	<i>Chair: Marlene Smadu</i> , President, CNA <i>Sheila D. Tlou</i> , Minister of Health, Republic of Botswana

Program is current as of Aug. 4, 2006 (subject to change)

Regional Reports

Nursing leaders will highlight the trends and issues in HIV/AIDS prevention, care and treatment within five regions of the world, with particular focus on:

- social, cultural, political and economic forces affecting HIV/AIDS prevention, care and treatment;
- regional epidemiological trends and emerging and prevalent HIV/AIDS issues affecting health systems, the nursing profession and patient outcomes;
- innovative HIV/AIDS prevention, care and treatment programs and strategies; and
- challenges and opportunities for nurses to participate in shaping practice and policy responses.

Concurrent Sessions

The program's concurrent sessions will explore topics under six themes: advances in clinical practice, including access to treatment; end-of-life issues; harm reduction in nursing practice; health human resources and HIV/AIDS; stigma and discrimination; and workplace safety. Nurses will discuss challenges, innovative strategies, best practices and policy gaps as they relate to these themes.

Title: **Advances in Clinical Practice, Including Access to Treatment**

Facilitator: **Grace Getty**, University of New Brunswick, Canada

As treatment options become available to more people living with HIV, who are also living longer, nurses are confronted by increasingly complex issues. Innovative models of care have been developed by different nursing services to ensure that issues such as continuity of care, family support and access to antiretroviral drugs and adherence to treatment regimes are effectively addressed. New and emerging issues in providing comprehensive HIV/AIDS nursing care will be identified in this session.

Topics to be covered:

- unique and innovative models of HIV/AIDS care
- working with other partners, including AIDS service organizations to access resources
- facilitating adherence and access to treatment
- caring for those with complex physical and emotional needs

Title: **End-of-Life Issues**
Facilitator: **Joan Lesmond**, Casey House, Canada

HIV/AIDS has redefined end-of-life issues in most industrial countries. With advances in treatment, HIV has become a manageable chronic disease. However, the challenge in many countries involves the provision of palliative care solely through pain and symptom management, advance care planning and psychosocial issues.

In developing countries, the issues and challenges of HIV remain life-threatening due primarily to the inaccessibility of treatment.

Topics to be covered:

- equitable access
- mobilizing community resources: hospices and home care
- workplace environment: risk of exposure, physical and emotional stamina required
- patient care: practical symptom management

Title: **Harm Reduction in Nursing Practice**
Facilitator: **Irene Goldstone**, British Columbia Centre for Excellence in HIV/AIDS, Canada

Injection drug use is driving the HIV epidemic in the United States and Eastern Europe and is a critical factor in Canada and Asia. Addressing the needs of drug users and families living in high-risk circumstances is an essential strategy for reducing the adverse health, social and economic consequences of addiction; improving mental health; and avoiding the transmission of blood-borne pathogens.

Topics to be covered:

- collaborative strategies: government, public health, professional association
- education
- innovative public health and outreach programming
- research

Title: **Health Human Resources and HIV/AIDS**
Facilitator: **Sandra MacDonald-Rencz**, Office of Nursing Policy, Health Canada, Canada

Health human resources has become a growing concern in the nursing profession as developing countries lose nurses to the industrial world. The availability of skilled health human resources can have a profound effect on health-care systems, especially to the care of those infected and affected by HIV.

Topics to be covered:

- workforce: migration, recruitment, retention
- value of nurses in the health-care profession
- self-empowerment: care for nurses
- education: continuing education, specialty programs

Title: **Stigma and Discrimination**
Facilitator: **William Holzemer**, University of California, San Francisco, United States

Stigma and discrimination can impede access to programs that provide prevention, care and treatment of persons with HIV/AIDS. Secrecy, silence, ignorance, blame, shame and victimization can prevent communities and health-care professionals from addressing the challenges of HIV/AIDS.

Topics to be covered:

- education and policy
- voluntary counselling and testing, treatment, school programs
- community governance: human and legal rights, religion, political leadership
- workplace environment: stress on nursing profession
- reaching marginal populations

Title: **Workplace Safety**
Facilitator: **Tesfamicael Ghebrehiwet**, ICN, Switzerland

As front-line health-care professionals, nurses are likely to be the first to be exposed to safety issues that affect the immediate care and treatment of patients as well as their own safety and that of their colleagues.

Topics to be covered:

- occupational exposure: lack of preventative measures/provisions/supplies, violence, security
- workplace environment: isolation, inadequate staff, lack of staff training, reduced interrelationships with senior staff/supervisors, stress
- access to appropriate technology and medical provisions
- training: empowerment of nurses through education

Global Village

Please come and visit us at our AIDS 2006 Global Village booth. Our booth number is 1038.

The Canadian Nurses Association

The Canadian Nurses Association (CNA) is a federation of 11 provincial and territorial registered nurses associations and regulatory authorities representing more than 126,000 Canadian registered nurses. CNA is the national professional voice of registered nurses, supporting them in their practice and advocating for healthy public policy and a quality, publicly funded, not-for-profit health system.

Website: www.cna-aiic.ca

The International Council of Nurses

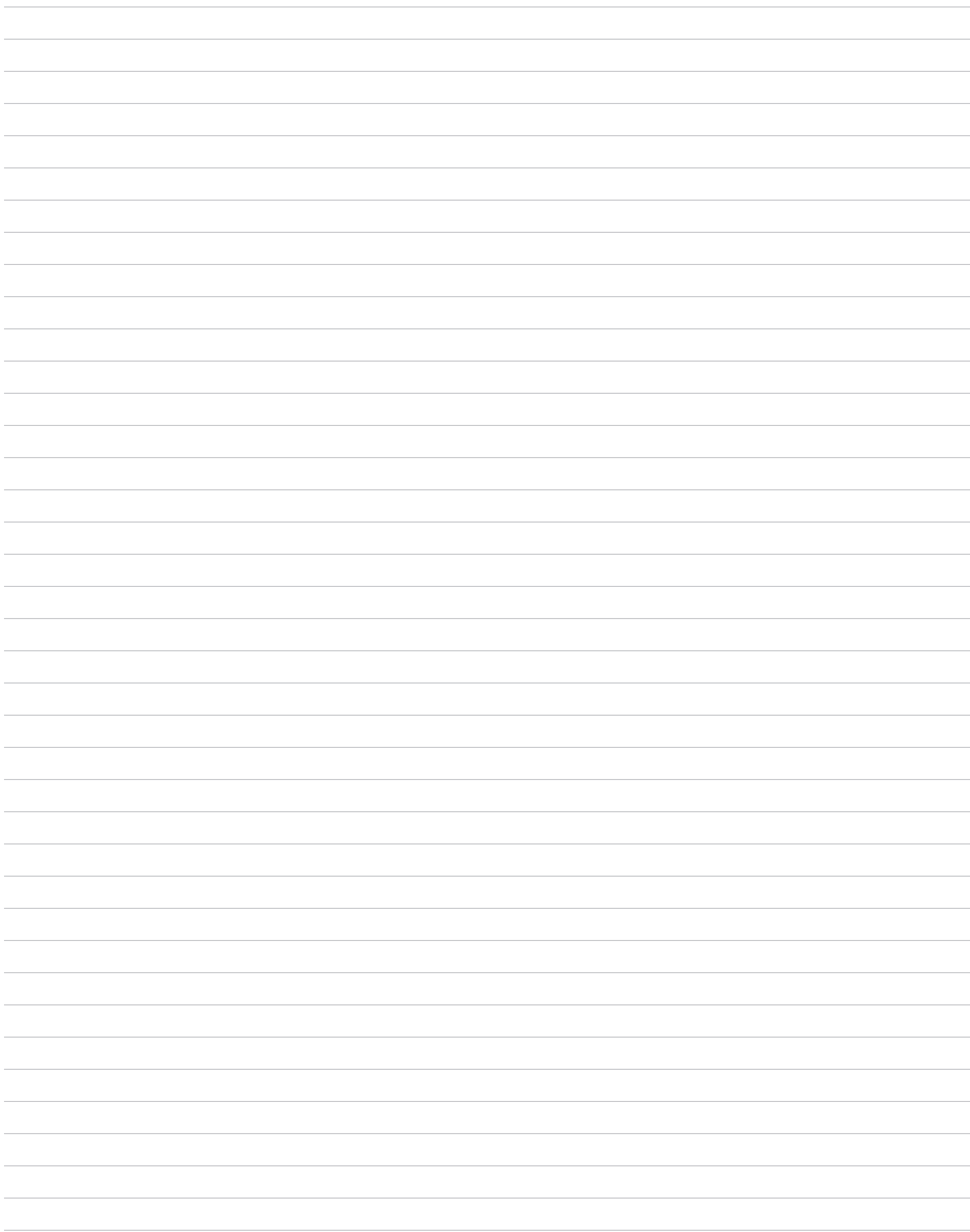
The International Council of Nurses (ICN) is a federation of national nurses' associations, representing nurses in more than 128 countries. Founded in 1899, ICN is the world's first and widest-reaching international organisation for health professionals. Operated by nurses for nurses, ICN works to ensure quality nursing care for all, sound health policies globally, the advancement of nursing knowledge, and the presence worldwide of a respected nursing profession and a competent and satisfied nursing workforce.

Website: www.icn.ch

Canadian Association of Nurses in AIDS Care

The Canadian Association of Nurses in AIDS Care (CANAC) is a national professional nursing organization committed to fostering excellence in HIV/AIDS nursing, promoting the health, rights and dignity of persons affected by HIV/AIDS and preventing the spread of HIV infection.

Website: www.canac.org



**Thank you for participating
in our international nurses' forum.**



Many thanks to our generous sponsors



Canadian International
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